



**DAVE BOLTON  
MOTIVATIONAL  
SPEAKER**

# DAVE'S STORY OF STRENGTH & MIRACLES..

## 1999

Dave Joined the Royal Air Force in 1999 at 18 years of age. He served for 3 years as a Military police officer & during his time within the R.A.F he was awarded the following awards during basic training:

The recruit who demonstrated the greatest effort, dedication and determination during basic training.

The award for best overall performance in physical fitness and education.

Following basic and trade training he was posted to a Tri-service helicopter training base RAF Shawbury. He completed a detachment of Air Ops Iraq in, based out of Ali Al Salem Airbase between 07.02.2000 and 04.06.2000. On completion of this operational tour Dave received an outstanding detached personnel appraisal, where he was commended for his mental resilience and ability to communicate, learn and integrate with multi national forces from around the world, in a testing and challenging environment.

On completion of the tour Dave was awarded the GSM II medal with Air Ops Iraq clasp. During this detachment is where Dave believes he matured, set the foundations for his life and grew up

Dave completed a Military police explosive and ordinance defensive/offensive search trained 3 week course.

Dave played Rugby for his base and the R.A.F



## 2001

Dave made the decision to leave the R.A.F to successfully join Merseyside Police Constabulary. Dave served for 16 months on foot patrol in Birkenhead North, where at the time it was one of the areas most deprived areas, with soaring crime figures. During his time on foot patrol he had one of the highest arrest rates within the neighbourhood.

Dave was awarded 2 commendations for identifying a pattern in criminal damage to alarms and shops door contacts which were later burgled of high value property and cash. Dave spent months profiling, identifying and collating the evidence of all the crimes, members and associates of the organised crime group. He created the arrest packages which were handed over and executed by to CID. Several members were arrested and given custodial sentences.

- 2002-2004: Birkenhead Response Patrol: Dave became one of the very first officers still in their 2 year probation period, to be given a driving a course and transferred to a Level 1 Response unit.

On Response Dave received several letters of recommendation by the area commander. One of which was for identifying 2 individuals responsible for a large number of high value burglaries. Responding to another overnight high value burglary where over £30,000 of property was stolen. Dave having identified the offender implemented an arrest team. Dave and the team subsequently attended the address which had been identified as the storage address of the stolen property. At the address the team were confronted with 2 males one of which had a knife who lunged at one of the officers. Dave pulled his colleague out of harm's way. He then pursued the male on foot pursuit. Dave detained and arrested the male after a violent struggle. Dave was slashed across the hand during the arrest. Property from several high value burglaries were recovered.



## 2004

In September 2004 Dave was involved in a near fatal motorbike accident, having been run over by an articulated heavy goods vehicle in Wales.

Dave was airlifted to Glynn Clewed Hospital, Wales to which he was thirty seconds away from dying due to blood loss. He was left in a coma for 8 days and underwent a 12 hour lifesaving operation. His left leg had been dislocated, completely de-gloved of skin and he had lost three quarters of his left calf. This subsequently required 4 skin graft operations. Dave had 6 external metal pins drilled into the bone.

At the scene of the accident Dave's leg below his knee was only attached by a few veins and muscle tissue. His right leg was crushed and his patella had shattered into 6 pieces requiring an internal metal wire called an X-Fix to fuse it back together. This leg was placed in a full leg cast.

Dave's left leg had been scheduled to be amputated, luckily enough this never happened. He contracted morphine psychosis for the first 2 weeks of his stay at Whiston. This seriously tested his mental health, mental resilience and fortitude. He dropped from 13st 12lbs down to 6st 8lbs in the 3 months & was informed that he would not be able to walk un-aided again.

Dave managed with a lot of blood sweat and tears successfully learnt how to walk again with the aid of a walking frame and eventually with sticks.

Dave required several more operations and blood transfusions.

After Dave underwent 3 months of intense physiotherapy he only had in his left leg 20 degrees bend at the knee. Physiotherapists resigned him to the fact that there was no chance of gaining anymore flexion.

Dave refused to accept this and spent months rehabilitating himself to the point where not only did it bend to 95 degrees but he could walk and run un-aided.

Dave returned to the police just 8 months after the original accident on light duties.



## 2005

2005: Dave was awarded at the prestigious Merseyside Police Gala awards, the Tom Wright award for his exceptional commitment and loyalty to Merseyside Police in the face of serious injury and illness. He successfully completed the following qualifications: Level 2 pursuit driving qualification, M.A.S.T Qualified (Riot training), Risk assessment trained.

2006-2011 Tactical Unit: Dave was head hunted to join a plain clothed unit, after impressing the areas command team. Dave continued his rise through the police by becoming the lead officer in charge of deployment and operations involving all tracking equipment devices, vehicles and listening devices.

Dave was involved in several high profile National Crime Agency Operations formally S.O.C.A.

During his time within this unit Dave qualified as a Police counter terrorist search trained officer, where he was involved as a team searcher and team search leader in over 10 Military and Joint police force exercises at Catterick Barracks, Operation Saton. Dave planned and led searches of high profile drugs investigations, sensitive cases involving Paedophiles, co-ordinating and participating large open area offensive and defensive searches which included The Grand National, Both Labour and Conservatives party conferences. Dave led a multi-agency joint operation to conduct searches of ships during the Liverpool capital of culture celebrations.

Dave became the lead officer in his unit for drug identification in Cannabis, Cozart (cocaine) and Marquis (heroin/Amphetamine).



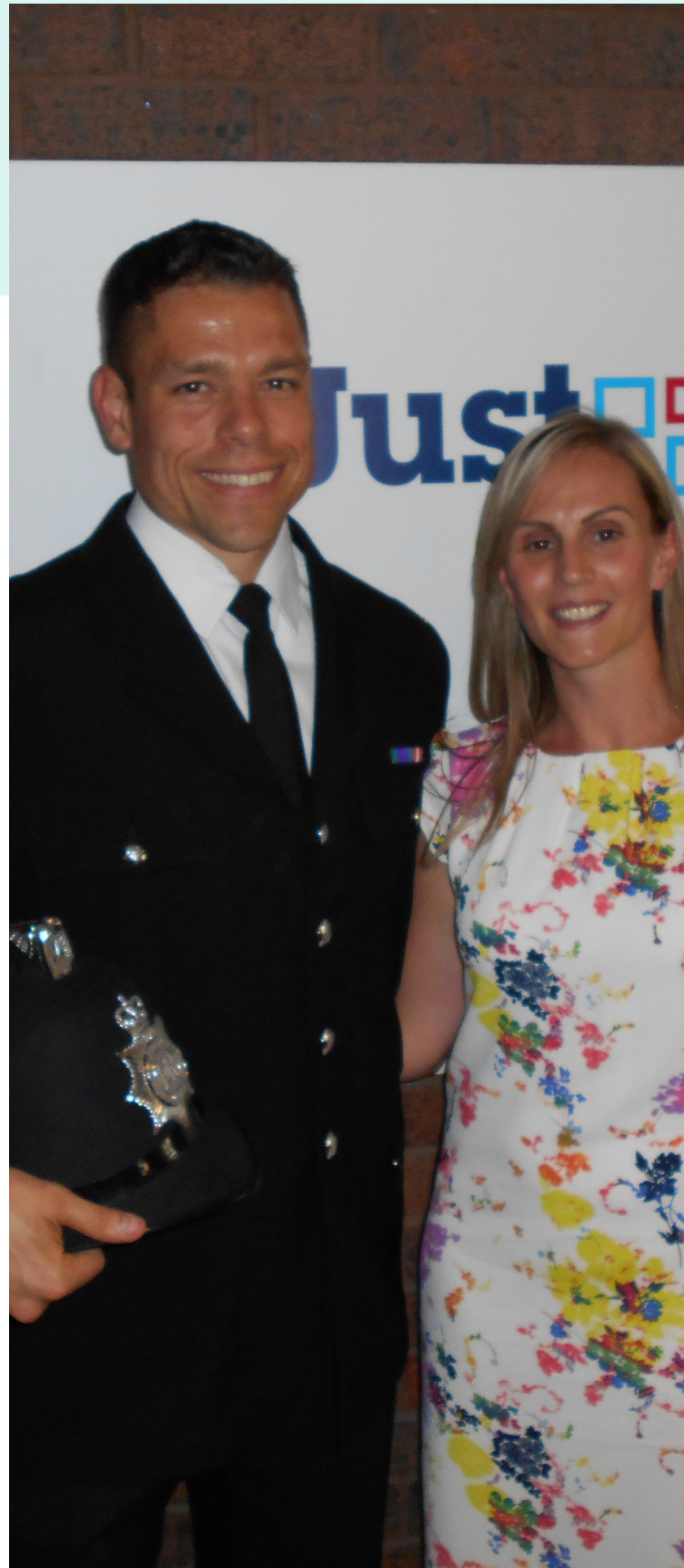
During Dave's time as a constable within the Tactical Unit he received numerous commendations and awards, a few of which were:

Dave was Bronze commander on 3 force wide Drug Operation's Operation Manaton.

He was the lead in planning, team selection, profiling, identifying intelligence reports, surveillance, the successful applications and swearing out of 50 search warrants for co-ordinated strikes for high profile organised crime members in relation to drugs and money laundering over a 1 week periods. He received commendations for each operation. In total over 1 million in drugs and cash were seized along with weapons and firearms. Dave became the first officer in the country to successfully apply and swear out and execute a multiple entry search warrant for a block of 60 flats, which led to the disruption and arrests of a large network of acquisitive crime criminals. He subsequently received a commendation.

Following an armed robbery, Dave without fear for his own safety, forced entry into a premises and arrested 2 offenders for armed robbery recovering all property and a firearm. Team of the year at the total policing awards. The Queens Diamond Jubilee Long service Medal.

Dave displayed the highest levels of professional conduct, communication whilst facing extreme adverse weather conditions, when confronted with an agitated male threatening suicide from a high bridge over a motorway. Dave established an excellent rapport and after a significant time period successfully managed to persuade him to surrender safely and insured he received the appropriate medical support and interventions.



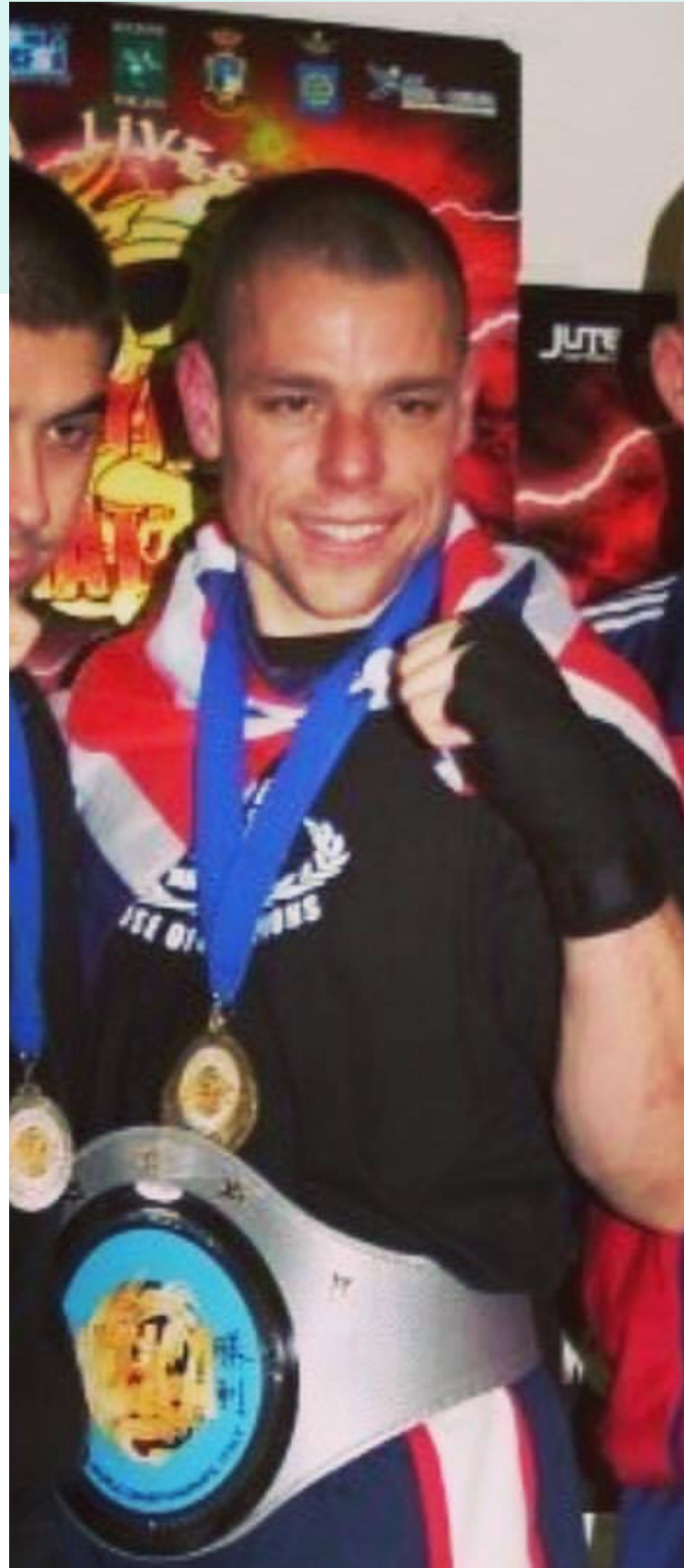
## 2009

Having made a successful return to kickboxing Dave became Welsh, English and British kickboxing champion. Dave was asked to attend the Great Britain Team training after 4 months he was selected to represent Great Britain at the World Championships in Pisa, Italy. After 5 days and 11 fights he became World Light Heavyweight Champion of the world.

2011-2012: Dave was successfully passed the sergeants exam and became an acting Sergeant within the Tactical unit. Dave was deployed for 2 weeks to the London Olympics. During this time they were deployed to sporting events, arrested a male in Brixton for several assaults on a public bus. He and his team responded to intelligence reports regarding threats made to the Olympic Games. 2 males were subsequently made and home addresses searched. Dave received a commemorative Olympic Coin issued by Downing Street.

Dave took Lead as Bronze commander on a Force wide Operation, Op Monroe which targeted organised crime groups using dangerous banned dogs. Bronze Commander of Operation Velox- An operation to tackle commercial thefts, robberies and drunken crime in Birkenhead town centre. He subsequently reduced crime in all areas and implemented a new strategy used by the commercial and night time economy premises.

2013: Dave was promoted to Sergeant, where he was posted to Huyton, Liverpool on a level 1 Response Patrol section.



## 2013

2013 - 2014 Detective Sergeant in a Serious Organised Crime Unit: Dave spearheaded a new unit covert unit within the force. He was in charge of covert surveillance, identifying and setting up Observation points, vehicle and foot follows, intelligence, firearms offences, disruption tactics, cross boarder operations. He worked closely with the source handling unit and district surveillance unit.

Dave utilised the British army royal engineers search team to map the ground for hides/voids relating to drug and firearm offences. He worked on number of Joint force operations targeting High value burglaries, Theft of vehicles, firearm offences, escape from HM custody & serious threats to life. Dave received an Area commander's commendation for leadership, professionalism and commitment in pursuing criminals through covert tactics, preventing greater harm to the public by disrupting criminal activity through warrants and protecting the community by managing threats and removing 3 Firearms from the streets of Knowsley.

May 2014: Dave suffered a 15 minute nocturnal seizure at home. He stopped breathing, dislocated his right shoulder and bite through his tongue. He was taken to the resuscitation unit at Arrowe Park Hospital. Following numerous tests and scans it was confirmed that Dave had a tennis ball sized tumour located in his frontal lobe of his brain.

June 2014: Dave underwent a lifesaving craniotomy and de-bulking brain operation at The Walton Centre for Neurology, Liverpool. He recovered well and was discharged home after 4 days. Histology showed that the tumor was an Astrocytoma II with a life prognosis of 5 years.

Dave was assessed by an independent consultant on his fitness to resume full duties within the police where he was deemed unfit and took medical retirement from Merseyside Police.





## 2014

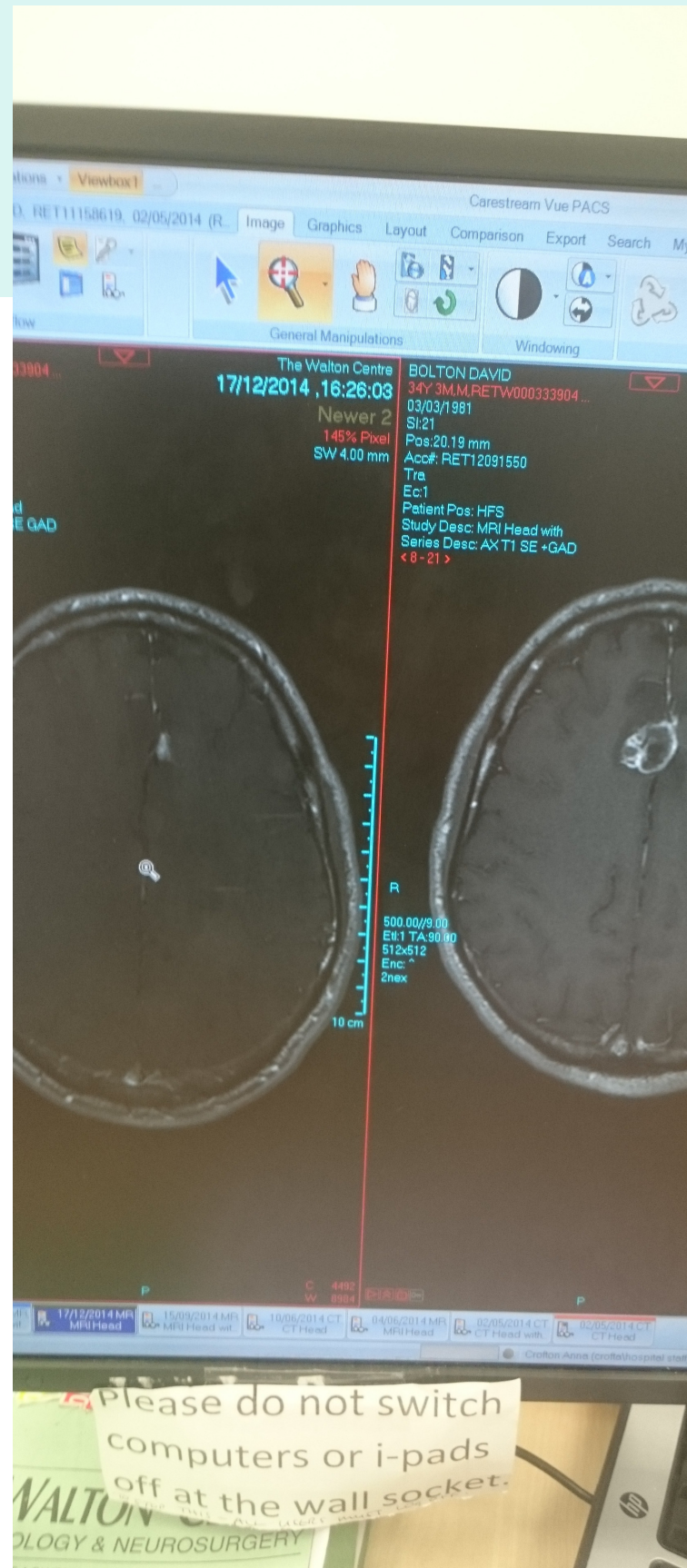
November 2014 - February 2015: Dave carried out his Strength and Conditioning qualifications at Leeds Beckett University.

Dave specialised in Rugby & Combat sports helping to coach rugby teams and teaching new methods to coaches and their respective clubs within the Merseyside area with a member of the England RFU community trainer. He also worked with a UFC fighter, professional boxers, semi-professional and professional football clubs. He also became a brand ambassador for UnderArmour.

July 2015: Dave attended The Walton Centre for Neurology for the results of a routine MRI brain scan. During this meeting it was seen that Dave had a reoccurrence and regrowth the size of a walnut in the central hemisphere of the brain. It was deemed to be a high grade tumour. He was re admitted to Walton for surgery that weekend. Surgery took longer than expected due to the walnut sized tumour doubling in size from scan to surgery. Dave spent 14 days in hospital where histology showed that the tumour was a Glioblastoma Multiform IV the biggest killer of the under 40's in the world. His life prognosis was 3 months without treatment and 8 to 12 months with treatment. Dave became classed as Terminal.

August 2015: Dave embarked on 6 weeks of dual Radiotherapy and Chemotherapy at the Clatterbridge Hospital for Oncology, Wirral. In his last week Dave suffered a full psychotic break down at home and was admitted to hospital for 4 days. He eventually resumed and completed the dual Chemo and Radiotherapy phase of treatment.

October 2015: Dave then started 6 cycles over 6 months of double strength Chemotherapy. He was hospitalised 3 times due to extreme sickness.



# 2016

Dave suffered 5 overnight nocturnal seizures in his hotel room having been to watch England v Wales in the 6 nations championship. He suffered 2 dislocated shoulders and had bitten clean through his tongue. He had an Emergency MRI where it was reported that there was no further growth or reoccurrence, he went on to complete his final cycle of chemotherapy.

Dave during the year long treatment unfortunately lost both his Nan's, he and his wife lost their third pregnancy.

August 2016: Dave's mum Marie was diagnosed with Stage IV Ovarian cancer after a 2 year battle Marie passed away in St Johns hospice peacefully with Dave his sister Vivienne and his mum's husband Gary by her side.

April 2017 : Dave Co-founded and became director of a Limited company The Bar-Bearians Calisthenics training centre. He and his Co-Director became the Northwest only fully qualified Calisthenics coaches and held the U.Ks first ever Calisthenics grading.

November 2017: Dave completed his Rugby coaching badges.

January 2018:-Dave was diagnosed with skin cancer where following an operation to remove the small tumour showed that it was benign.

May 2018: Dave starred in the brand new ground breaking Sky One series The Heist, which aired in November 2018.

January 2019 : Dave moved from 3 to 6 monthly scans having surpassed his terminal diagnosis proving to the medical world he is a to be a new statistic.



# Current

Dave now is involved with various small - large organisations to deliver motivational topics such as:

- Mental resilience
- Over coming life threatening and changing adversity
- Team Work and cohesion
- Mental and physical health
- Adapting to Change
- Improving productivity
- Management
- Positive mindset
- Decision Making

Thus inspiring & increasing team morale and productivity within their departments. His approach is adaptable to each organisation and he continues to inspire everyone he meets.

" Dave, my mum & sister attended your talk yesterday & found it inspirational. Mum is in her 5th round of Chemo & you really helped her listening to your experiences." - Richie, Wirral

" I'd recommend connecting with David. He had a room of 50+ Senior Leaders hanging off his every word. Resillience & Mental Health training not only helps us as individuals, but can have a positive impact on the productivity, efficiency, and profitability of your business" - David Wafer, Director of Northwest Institute of Liverpool.

" I was there in the front row. You were truly inspirational. You brought tears to my eyes hearing your story." - Nancy, Cheshire

**Get in touch with Dave, to collaborate on your next project.**



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